

Building Resiliency: Understanding Trauma and Overcoming Toxic Stress

*A free presentation for parents,
caregivers and community members.*

**Wednesday February 12, 2020
6:00 - 7:30 p.m.**

**Tumwater High School Theatre
700 Israel Rd. SW
Tumwater, WA 98501**

*Get concrete and practical advice on how to
help kids in your life thrive.*

Scott Hanauer, MA CMHS MHP, local and nationally recognized expert in trauma informed care will bring over 30 years of professional experience, the wisdom of lived experience and the many inspiring stories and lessons from local families to help you build resiliency in youth, families, schools and communities.



**For more information contact Jennifer Simmons:
(360) 490-6161 jennifer.simmons@co.thurston.wa.us**

*Learn how to help
youth in your life feel
better, stronger and
more hopeful.*

*A painful childhood
doesn't define a
person's future.*

*It's impossible to shield
children from all of life's
stresses, but we can
make things easier.*

*You don't need to be a
professional to make
a difference in a
child's life.*



Washington State
Health Care Authority

