# **CFSF Family Connection**







## Dear Foster Parents,

I know this past 6 plus months has been a "Twilight Zone" experience for us all, and especially for you! I am amazed at how you have kept your focus and continue to love and nurture children in your home – thank you!

As this pandemic continues and Summer comes to an end, we look to the Fall with children learning remotely. Not only will this be challenging for children, but also for you. You have the full weight of the responsibility of these kids on your shoulders. I have always looked up to foster parents for the amazing work you do 24/7 with the caveat of having school and other normalizing activities in place. Thanking you now seems not enough and trying to decide how we can best help you is a challenge.

I have selected several staff from our offices around the state and we will be reaching out to you individually. We will be seeking to answer two questions, with the ongoing pandemic in mind:

How can CFSF support you as a family?

How can CFSF support your foster care community?

Without having a playbook to study we need to hear back from you. We know that being a foster parent is a high calling and I believe a "God thing". We look forward to learning how we can best help you through this challenging time.

Thank you all, for being amazing blessings to God's children.

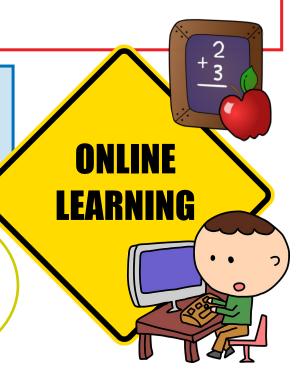
Sincerely,

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Questions or concerns about options offered by a child's public school? Talk to your Case Manager. Deciding the best course for each child should include and be approved by Social Worker and/or the court system



We have reusable, cloth face covers available. Please reach out to your Case Manager with quantity & size (child or adult) needed

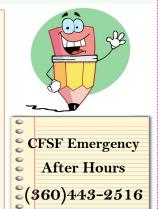


### ONLINE CPR TRAINING COMMUNICATION

Foster Parents ... Please contact your Licensor before taking available online CPR training, a waiver must be completed. The in-person portion will need to be completed as soon as it is available.

#### Remember...

If you're licensed for children under the age of 2, everyone in the home must have their flu shot. The deadline is October 31st.





If you are in need of clothing essentials, please reach out to your Case Manager (include sizes and specifics). We will do our best to fill your needs (available sizes and selection vary).



We will soon have school supply stuffed backpacks on hand. Please also let your Case Manager know if this would benefit your Back-to-Schooler. We have graphing calculators available too!

## TRAINING OPPORTUNITIES

Resilience: Biology of Stress & the Science of Hope

Friday, September 11<sup>th</sup> 12:30pm—2pm PDT

https://attendee.gototraining.com/r/1891965251538817794

## Trauma Informed Care -

## **Understanding Trauma's Effects**

Thursday, September 17<sup>th</sup> 1pm—3pm PDT

https://attendee.gototraining.com/r/7058769402041191425

#### **Suicide Prevention**

Tuesday, September 22<sup>nd</sup> 4pm—5:45pm PDT <a href="https://attendee.gototraining.com/">https://attendee.gototraining.com/</a> r/4351637634059673602

## **Food and Hygiene**

Wednesday, September 23<sup>rd</sup> 6:30pm—8:30pm PDT <a href="https://attendee.gototraining.com/">https://attendee.gototraining.com/</a> <a href="r/4210766005286022914">r/4210766005286022914</a>

## TRAINING TO LOOK FORWARD TO

## Self Care by Occupational Therapist, Sally Carman

Sally Carman has over 40 years of experience working with parents of children with special needs or undergoing occupational therapy. Learn practical ways to care for yourselves and your kids.

Monday, October 19th 1pm—3pm PDT

Tuesday, October 20th 6:30pm—8:30pm PDT Look for a link to follow.